

WELLNESS.CENTER

MINOS PALACE

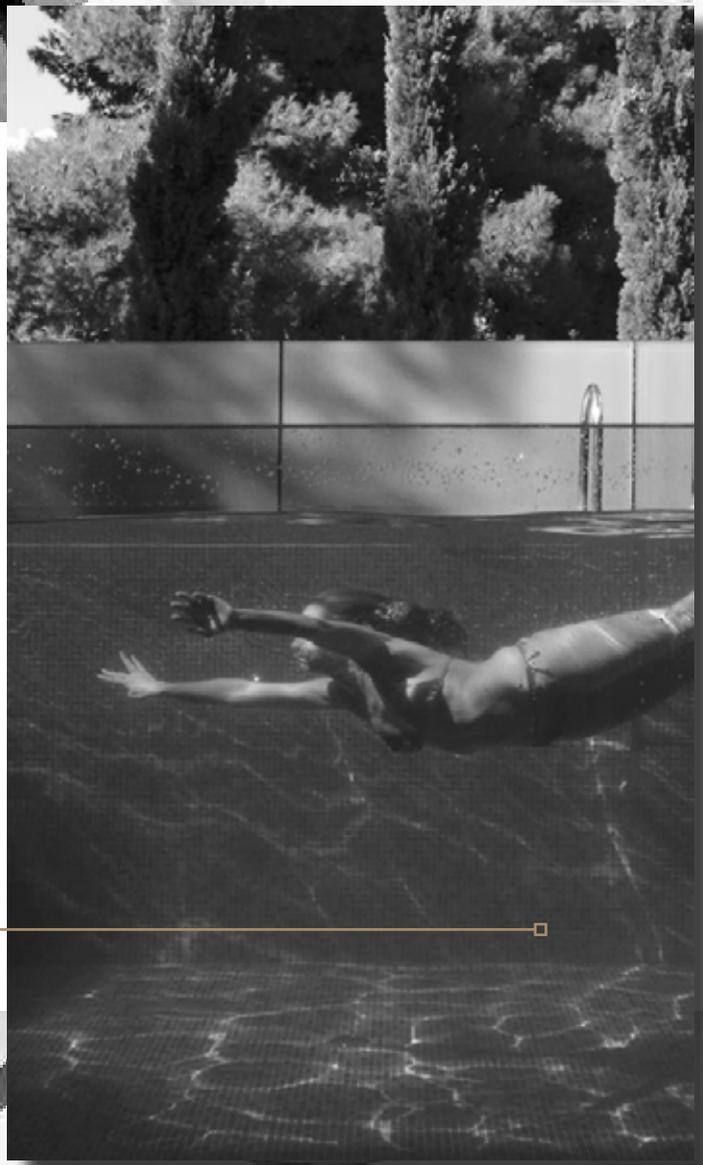
hotel & suites



our.**Philosophy**

Life is for enjoying, exploring, and most importantly, for living. Do not waste another minute, come and join as we bring you the most luxurious brands that take you on an exquisite journey of total relaxation and indulgence into the simple pleasures of life.

Ariadne Athens and Germaine De Capuccini offer the most premium products, paired with our superb spa and beauty professionals, this makes for the most unique and irresistible holiday experience.



FACIAL TREATMENTS

ALOE VERA AFTER SUN WITH ROYAL JELLY **60 MIN**

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Royal Jelly.

HYDRATION WITH WILD ROSE **60 MIN**

An intensive re-hydration facial therapy for dry and dehydrated skin that will nourish your face using the essence of flowers and plants.

BEAUTY IN FUSION **60 MIN**

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and hydration or 50 for density and nutrition.

VITAMIN C FACIAL TREATMENT **60 MIN**

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on pure Vitamin C combined with Ume Extract (tonic).

BALANCING TREATMENT **60 MIN**

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

BODY SCRUBS

CONFETTI RAINFALL SHOWER **40 MIN**

A fast and invigorating, full body exfoliation treatment lush in captivating aromas, while delicate crystals softly remove dead skin cells. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look!

Choose between our Scrub Collection: Jasmine & Gardenia, Rose Petals, Mocha, Fresh Coconut

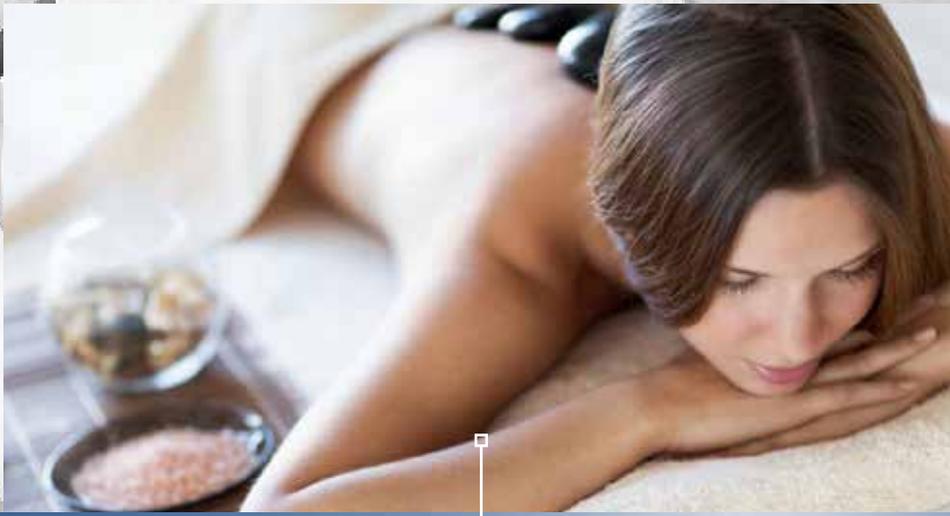
BODY WRAPS

CASHMERE TOUCH **30 MIN**

Naturally, superior shea butter restores moisture and smoothness to dry and damaged skin, through this, extra-nourishing, wrap ritual.

LUXURIOUS GOLD **30 MIN**

Extravagantly rich, ultra-luxurious blend of a 24K gold with starflower oil creates an intensively hydrating, velvet-like mask that wraps your skin in a silk touch. Feel your body baby soft, rejuvenated and thoroughly nourished!



MASSAGES

COCOON & REVITALIZE-AROMATHERAPY MASSAGE **60 MIN / 80 MIN**

Meticulously designed, from beginning to end, to gradually calm each and every part of your body and completely quiet the mind, ultimately offering the most lavish, cocooning experience. The mesmerizing aromatic combination of precious frankincense & enticing patchouli conveys the senses to a place of absolute calmness, preparing the way for the sparkling notes of luminous orange peel combined with warm cinnamon and mystifying ylang-ylang to balance your mind and revitalize your body, through a divine experience.

DEEP TISSUE MASSAGE **60 MIN**

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, and heal and restore balance to the body and nervous system.

PRENATAL BLOSSOM **50 MIN**

This head to toe, prenatal treatment is designed for expectant mothers from second trimester. Using nourishing organic karite butter, this treatment helps to alleviate muscle tension and fatigue while assisting to ease any discomfort during and after pregnancy. In addition, the luxurious gardenia body butter leaves the skin soft and supple whilst the relaxing fragrances help calm the mind.

SCANDALOUS SILKY LEGS-CELLULITE MASSAGE **30 MIN**

Your smoothest, silkiest legs ever! Alluring notes of Jasmine & Gardenia white petals sugar crystals combined with sensational aromas of cinnamon captivate your senses, while a mix of carefully selected essential oils tones the body and promotes elasticity. As the warm massage oil touches your skin, creates a silky smooth, velvet-like feel. Feel confident in your most attractive curves!

MELTING SENSATION - CANDLE MASSAGE **60 MIN / 80 MIN**

Lay Back and unwind while the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind.

Choose between our scents collection. Seductive, Energizing, Detoxing, Relaxing

BACK AND NECK SPOT MASSAGE **30 MIN**

This massage focuses on the upper back, neck, head, and forehead and incorporates acupressure point stimulation and vibrant techniques. The perfectly orchestrated massage movements of this treatment seduce your senses in a unique journey of relaxation that will essentially revitalize your body completely.

FOOT MASSAGE **30 MIN**

This massage uses specific pressure points to systematically activate the nerve reflexes, thereby stimulating all body organs and tissues to improve overall function and wellbeing. Effective for calming the mind, relieving headaches, and inducing deep and restful sleep.

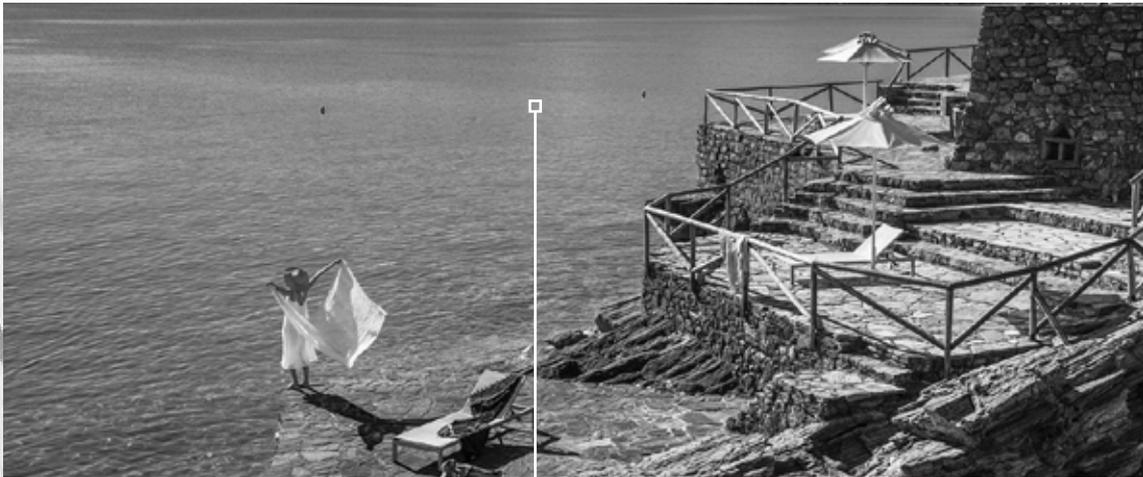
MINOS.PALACE.RITUALS

MINOAN PRINCE & PRINCESS SIGNATURE FACE & BODY TREATMENT WITH HERBAL POUCHES 100 MIN

Indulge in the genuine earthy notes of the Isle of Crete, luxuriate in the unprecedented benefits of rare herbs, relax in the velvet textures that cover your skin, as each and every step of these treatments imbue your senses in a world of Cretan flavors and aromas. The treatment includes the application of a rich face and body mask, containing a refreshing cocktail rich in organic honey, bee pollen, royal jelly, which contribute dramatically to the renewal, regeneration and tightening of the skin. The perfectly orchestrated massage with Cretan saffron oil warm pouches full of local herbs, seduce your senses in a unique journey of relaxation that will essentially revitalize your mind, body and soul completely.

UNDER THE MOONLIGHT FACE & BODY TREATMENT 100 MIN

A mesmerizing touch for your skin, a unique ritual for your senses, a mystifying journey for your soul, with emerald colors! Sparkling white sugar crystals gently exfoliate the skin, preparing the body for the mask's innovative formula, consisting of 24 Carat Gold leaves and precious gemstones. Followed by a perfectly mastered massage technique, which combines the touch of unique, warm, rose quartz sand pouches and lavishly moisturizing starflower oil, this treatment aspires to offer the most luxurious and perfectly balanced anti-ageing treatment.



BATH.TUBRETREATS

CAROB & HONEY TREASURE **100 MIN**

A body treatment which includes exfoliation with carob syrup, dittany essential oil and carob beans. The Carob Mask aims to maintain skin elasticity & a firm & youthful appearance.

AFTER-SUN SOOTHING **100 MIN**

A unique combination of products that relieves the skin from the effects of sun exposure. The after sun mask immediately reconstructs, soothes and leaves you with a feeling of freshness.

WATER RITUALS

(IN SPA SUITE TREATMENTS) BATH-HAMMAM-SAUNA

FEEL THE RELAXATION **90 MIN**

The sweet and floral aroma of gardenia and jasmine extracts gently awakens the skin and rejuvenates the senses.

Jasmine & Gardenia scrub
Balneotherapy with essential oil of jasmine
Cashmere touch body wrap
Aromatherapy massage (jasmine)

ENERGIZE YOUR BODY. DURATION **70 MIN**

Rejuvenate your skin with a mocha scrub of brown and white sugar crystals that gently remove dead skin cells and at the same time help retain moisture in the skin.

Mocha scrub
Balneotherapy with essential oil of orange
Back and neck massage

DETOX AND SLIMMING **100 MIN**

Full body exfoliation
Balneotherapy with oligomer silhouette
Anti-cellulite massage
Facial aloe vera detox treatment



POWERED BY



HOTEL WELLNESS
SPA SERVICES